Samara Araujo

Period1-2

10/29/16

Evidence-based argumentative writing

Being on social media can be so overwhelming that it begins to affect you in a negative way. "Antisocial Networking?" is an article,where the author, Hilary stout, gives her opinion on how young people today are missing out on what's happening around them because of what's inside the small screen. Stout says the kids are less interested in face-to-face communication. They are missing out on experiences that help kids develop empathy for others and understand different emotions she says. Social media has a negative impact on youth for several reasons, which are, lower self esteem, antisocial networking and social media anxiety.

The first reason why I oppose social media is it lowers youths self esteem. According to the article, "teengers on socail media" the author stated, "There are more negative impacts of social media on the self-esteem of teenagers than there are positive impacts." I feel this is so true because social media in some cases it leads to suicide, which is the third leading cause of death among young people ages 15-24. In finding I found The use of social media leads to cyberbullying,which leads to depression, thoughts of suicide, and sadness." Adding to that, according to the article "The Guardian" Michelle Linker said , "I feel anxiety over how many likes I get after I post a picture. If I get two likes, I feel like, what's wrong with me?" I can see where linker is coming from since she got little likes she feels rejected and even a little hurt. It may cause her self-worth to take a hit. This is why I am strong to oppose social media.

The second reason why I oppose social media is anti social networking. According to the article "Antisocial Networking?" Jeffrey G. Parker said "In general, the worries over cyberbullying has overshadowed a look into the really nuanced things about the way technology is affecting the closeness properties of friendship,". It seems that people are more concerned about some issues while ignoring the main problem with social networking. We tend to re-direct the true effects of technology such as; limited interactions with actual people. Social interactions are important, if we are to create healthy societies where we all contribute. According to the article,"Antisocial Networking?" the author stated,"Even though young digital natives are very good with the tech skills, they are weak with the face-

to-face human contact skills". This is important because in the future kids will need social skills and know how to communicate face-to-face. Kids will need to know this because it is key for healthy adult relationships.This is why I am strong to oppose social media.

The third reason why I oppose social media is it may cause social media anxiety. According to the article, "Is your online addiction making you anxious?" the author stated, "A large item contributing to social media anxiety is the compare-and-despair factor; that is, doctored pictures of friends on a vacation in Mexico seems to make your Dairy Queen-filled weekend pale in comparison, which in turn can lead to unsettling anxiety." People can feel like they failed themselves, which is not healthy. Comparing can also lead to anxiety because users can take the numbers of followers, retweets, or "likes" and twist them to support negative thoughts. Adding to that according to resource D the author stated "pressure to be available 24/7" and the perceived necessity of "responding to posts or texts immediately can increase anxiety." So this means fomo is a real thing. Even though kids are more reachable and plugged in than

ever, it comes at a coast. Kids really should look out for themselves and make sure they don't get too caught up in the negative part social media world.

In conclusion, Social media has a negative impact on youth for several reasons, which are, lower self esteem, antisocial networking and social media anxiety. Social media may have some positive effects, like being able to communicate with friends and family wherever you are.